

"A COMPASSIONATE, HUMBLE, MESMERIZING STORY! A RIP-TEARING WHENCE THROUGH ONE'S SOUL TO GET TO THE TRUE WEAVE OF LIFE AND BELIEF IN GOD."

—*Alvin Berman, Member, Wiley Raymond Center, Bermania, Pennsylvania*

"RARELY DOES SOMEONE WRITE WITH SUCH CLARITY AND VULNERABILITY. TEARS CAME TO MY EYES MANY TIMES AS I READ—TEARS OF SORROW AND OF JOY."

—*Rev. Ruth Calk, Author and Translational Artist at Faith, First Presbyterian Church of Bermania, Bermania, Pennsylvania*

Frank's memoir explores his magnetic draw to faith . . . and the spiritual malstrom that drew him to a profound yet deeply conflicted journey with Jesus Christ. In this most personal, page-turning exposé, he courageously discloses how trauma shaped his life. Beginning in infancy, he was traumatized by an extraordinarily cold, emotionless alcoholic mother. From early childhood on, he was emotionally abused by an angry disabled father. Later, in midlife, he was twice traumatized by disabilities. Frank reveals utterly intimate details of how his mind was forged through these traumas—driving his unbroken but painstaking quest for spiritual truth. It's the story of how one man embraced faith—and only the circumstances that engendered it, but the losses deep inside him that shaped his legemonic draw to it. For everyone who faces suffering, Frank's story is their story. It is a journey he never fully shared with his daughter . . . until now . . . in *Faith of a Father*.

Frank Barbehenn is a licensed psychologist in Bermania, Pennsylvania, and has been happily married for 30 years to a devoted nurse with two teenage daughters. He is a member of the American Psychotherapy Association. He specializes in working with trauma therapy. It was in his midlife crisis that he drew with his right hand the lines around his face showing his grandfather around his house as he "Griped Mother."

FAITH OF A FATHER

FRANK BARBEHENN



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Faith of a Father



*A Father's Open Letter
to His Daughter*

FRANK BARBEHENN